

# The 7 Habits of Highly Effective Families

Leader in Me is built on the timeless universal principles and paradigms of the 7 Habits. This workshop invites families, caregivers, advocates, and community leaders to share in the experience of their students, and learn how the Habits can be applied at home.

## WORKSHOP DETAILS

## WHO SHOULD ATTEND?

Parents and guardians of students, educators and their families, and other community members. Families are all unique. The best person to define family is you.

## END IN MIND

The workshop is designed to enable participants to:

- Discuss what is in your family's circle of influence
- Clarify your family's purposes and priorities in a family mission statement
- Explore how to make room for one-on-one time and family traditions
- Learn what are withdrawals and deposits in Emotional Bank Accounts®
- Practice building stronger relationships through Empathic Listening
- Find creative synergy by valuing each other's strengths
- Plan how to regularly renew your body, mind, heart, and spirit.

